



# IONA PREPARATORY UPPER SCHOOL

2024  
MAY  
LUNCH MENU

## BREAKFAST



Breakfast Sandwiches, Bagels, Rolls, Croissants, Fruit, Yogurt, French Toast, Breakfast Platters, Cereal, Muffins, Donuts & Daily Specials



## LUNCH

Pizza, Salad & Sandwich Bar, Chicken Tenders, Fries, Mozzarella Sticks, Hamburgers, Cheeseburgers, Bacon Cheeseburgers, Chicken Sandwich, Jamaican Beef Patties, Chicken Cutlet, Grilled Chicken, Vegetables, Cookies, Brownies, Fruit, Yogurt Parfaits, Snacks, Ice Cream - Assorted Wraps, Sandwiches, Salads & Daily Specials!



**\*\*We Accept All Debit/Credit Cards, Apple Pay, My SchoolAccount.Com (ID Card) and Cash\*\***

If Your Child Has a Food Allergy or You Have Feedback Please Contact [Khenrys@lessings.com](mailto:Khenrys@lessings.com)



		WEDNESDAY, MAY 1	THURSDAY, MAY 2	FRIDAY, MAY 3
		<b>Chicken Bacon Ranch Panini</b> w/ Waffle Fries <b>Cheese Ravioli</b> w/ Chicken & Garlic Knot	<b>"DIY" Chipotle Bowls</b> Beef OR Chicken <b>Rigatoni in Pink Sauce</b> w/ Chicken & Garlic Knot	<b>Assorted Chicken Wings</b> w/ Curly Fries <b>Macaroni &amp; Cheese</b> w/ Chicken & Garlic Knot
MONDAY, MAY 6	TUESDAY, MAY 7	WEDNESDAY, MAY 8	THURSDAY, MAY 9	FRIDAY, MAY 10
<b>General Tso's Chicken</b> w/ Fried Rice & Spring Roll <b>Kung Pao Chicken</b> w/ Fried Rice & Spring Roll <b>AP EXAMS</b>	<b>Assorted Quesadilla</b> w/ White Rice <b>Baked Ziti</b> w/ Chicken & Garlic Knot <b>AP EXAMS</b>	<b>Texas Toast Grilled Cheese</b> w/ French Fries <b>Penne alla Vodka</b> w/ Chicken & Garlic Knot <b>AP EXAMS / JUNIOR RING MASS</b>	<b>Chicken Parmigiana Sliders</b> w/ Tater Tots <b>Tortellini Alfredo</b> w/ Chicken & Garlic Knot <b>AP EXAMS / ASCENSION THURSDAY MASS</b>	<b>Chicken Fajita Wrap</b> w/ French Fries <b>Spaghetti &amp; Meatballs</b> w/ Garlic Knot <b>AP EXAMS / SENIORS LAST DAY</b>
MONDAY, MAY 13	TUESDAY, MAY 14	WEDNESDAY, MAY 15	THURSDAY, MAY 16	FRIDAY, MAY 17
<b>Chicken Marsala</b> w/ Penne Pasta <b>Cavatelli with Broccoli</b> w/ Chicken & Garlic Knot <b>AP EXAMS</b>	<b>Assorted Chicken Wings</b> w/ Curly Fries <b>Macaroni &amp; Cheese</b> w/ Chicken & Garlic Knot <b>AP EXAMS</b>	<b>Chicken Teriyaki</b> w/ Brown Rice <b>Cheese Ravioli</b> w/ Chicken & Garlic Knot <b>AP EXAMS / NO AFTER SCHOOL</b>	<b>Philly Cheesesteak Wrap</b> w/ Sweet Potato Fries <b>Penne Primavera</b> w/ Chicken & Garlic Knot <b>AP EXAMS</b>	<b>Chicken Francese</b> w/ Mashed Potatoes & Broccoli <b>Assorted Paninis</b> w/ Waffle Fries <b>AP EXAMS</b>
MONDAY, MAY 20	TUESDAY, MAY 21	WEDNESDAY, MAY 22	THURSDAY, MAY 23	FRIDAY, MAY 24
<b>Chicken Parmigiana</b> Plate OR Hero w/ Pasta OR Fries <b>BBQ Chicken Sliders</b> w/ French Fries	<b>"KFC" Bowl</b> w/ Popcorn Chicken, Mashed Potatoes, Corn, Bacon & Gravy <b>Chicken &amp; Broccoli</b> w/ Brown Rice & Spring Roll <b>BACCALAUREATE MASS</b>	<b>"DIY" Chipotle Bowls</b> Beef OR Chicken <b>Rigatoni in Pink Sauce</b> w/ Chicken & Garlic Knot	<b>**NO LUNCH**</b> <b>**GRADUATION DAY**</b> <b>**NO LUNCH**</b> <b>**GRADUATION DAY**</b>	<b>**NO LUNCH**</b> <b>**NO LUNCH**</b> <b>**NO LUNCH**</b> <b>**NO LUNCH**</b>
MONDAY, MAY 27	TUESDAY, MAY 28	WEDNESDAY, MAY 29	THURSDAY, MAY 30	FRIDAY, MAY 31
	<b>Chicken Scarpariello</b> w/ Mashed Potatoes <b>Chipotle Chicken Wrap</b> w/ Waffle Fries	<b>Chicken Fajita Bowl</b> w/ White Rice <b>Macaroni &amp; Cheese</b> w/ Chicken & Garlic Knot	<b>"DIY" Burger Bar</b> w/ French Fries <b>Penne alla Vodka</b> w/ Chicken & Garlic Knot	<b>Assorted Quesadillas</b> w/ Brown Rice  <b>Manager's Special</b>