



IONA PREPARATORY LOWER SCHOOL

2024
NOVEMBER
LUNCH MENU

DAILY OPTIONS



- Ham & Cheese \$6.50
- Turkey & Cheese \$6.50
- Italian Combo \$6.50
- Chicken Caesar Wrap OR Salad \$7.00
- Buffalo Chicken Wrap \$7.00
- Bagel w/Butter OR Cream Cheese \$3.00
- Grilled Chicken \$4.50
- (1) Cheeseburger Slider \$2.50
- Mozzarella Sticks \$4.00
- Pancakes \$4.00 (with Bacon \$5.00)
- French Toast Sticks \$4.00
- Pizza Bagel \$3.75
- Chicken Noodle Soup \$3.50
- Chicken Nuggets/Chicken Tenders \$5.00



SNACK

Snacks are Available for Purchase Daily at the Cost of \$1.00 - \$3.00

Please be sure to have funds on your child's account via [MyKidsSpending.com](https://www.MyKidsSpending.com)

- Ice Cream, Cookies, Muffins, Goldfish, Sun Chips, Cheese Its, Pretzels, Yogurt, Jell-O & String Cheese

DRINK

Drinks are Available for Purchase Daily at the Cost of \$1.00 - \$3.00

Please be sure to have funds on your child's account via [MyKidsSpending.com](https://www.MyKidsSpending.com)

- Juice Box, Capri Sun, Snapple, Yoo-Hoo, Gatorade, Sunny Delight & Water

If Your Child Has a Food Allergy or You Have Feedback Please Contact BMancini@lessings.com



				FRIDAY, NOVEMBER 1
				Grilled Cheese (With OR Without Bacon) w/ French Fries Penne Alfredo w/ Garlic Bread Served with Fresh Fruit & String Beans
MONDAY, NOVEMBER 4	TUESDAY, NOVEMBER 5	WEDNESDAY, NOVEMBER 6	THURSDAY, NOVEMBER 7	FRIDAY, NOVEMBER 8
Sesame Chicken w/ White Rice Baked Ziti w/ Garlic Bread Served with Fresh Fruit & Sweet Peas	Cheese Pizza Chicken Nuggets w/ French Fries Served with Watermelon & Broccoli	"DIY" Tacos (Beef OR Chicken) w/ White Rice Assorted Quesadillas w/ French Fries Served with Fresh Fruit & Mixed Veggies	Chicken Cutlet w/ White Rice Penne in Pink Sauce w/ Garlic Bread Served with Fresh Fruit & Corn	Assorted Boneless Wings w/ Baked Potato Wedges Penne with Broccoli w/ Garlic Bread Served with Fresh Fruit & String Beans
MONDAY, NOVEMBER 11	TUESDAY, NOVEMBER 12	WEDNESDAY, NOVEMBER 13	THURSDAY, NOVEMBER 14	FRIDAY, NOVEMBER 15
 VETERANS DAY	Cheese Pizza Chicken Tenders w/ French Fries Served with Watermelon & Broccoli	Chicken Parmigiana w/ French Fries "DIY" Pasta Bar w/ Garlic Bread Served with Fresh Fruit & Mixed Veggies	Cheeseburger Sliders w/ French Fries Macaroni & Cheese w/ French Fries Served with Fresh Fruit & Corn	**NO LUNCH** **NO LUNCH** **NO LUNCH** **NO LUNCH**
MONDAY, NOVEMBER 18	TUESDAY, NOVEMBER 19	WEDNESDAY, NOVEMBER 20	THURSDAY, NOVEMBER 21	FRIDAY, NOVEMBER 22
Popcorn Chicken w/ Mashed Potatoes Penne Alfredo w/ Garlic Bread Served with Fresh Fruit & Sweet Peas	Cheese Pizza Chicken Nuggets w/ French Fries Served with Watermelon & Broccoli	Chicken & Broccoli w/ Fried Rice Penne with Broccoli w/ Garlic Bread Served with Fresh Fruit & Mixed Veggies	Assorted Snack Wraps w/ French Fries Spaghetti & Meatballs w/ Garlic Bread Served with Fresh Fruit & Corn	Hot Dogs w/ French Fries Penne Bolognese w/ Garlic Bread Served with Fresh Fruit & String Beans
MONDAY, NOVEMBER 25	TUESDAY, NOVEMBER 26	WEDNESDAY, NOVEMBER 27	THURSDAY, NOVEMBER 28	FRIDAY, NOVEMBER 29
General Tso's Chicken w/ French Fries Penne in Pink Sauce w/ Garlic Bread Served with Fresh Fruit & Sweet Peas	Cheese Pizza Chicken Tenders w/ French Fries Served with Watermelon & Broccoli	 Happy Thanksgiving	 Happy Thanksgiving	 Happy Thanksgiving

ALL MEALS ARE \$7.50 INCLUDING A FRUIT & VEGETABLE – DRINKS & SNACKS ARE AN ADDITIONAL CHARGE