



IONA PREPARATORY LOWER SCHOOL

2024
**OCTOBER
LUNCH MENU**

DAILY OPTIONS



- Ham & Cheese \$6.50
- Turkey & Cheese \$6.50
- Italian Combo \$6.50
- Chicken Caesar Wrap OR Salad \$7.00
- Buffalo Chicken Wrap \$7.00
- Bagel w/Butter OR Cream Cheese \$3.00
- Grilled Chicken \$4.50
- (1) Cheeseburger Slider \$2.50
- Mozzarella Sticks \$4.00
- Pancakes \$4.00 (with Bacon \$5.00)
- French Toast Sticks \$4.00
- Pizza Bagel \$3.75
- Chicken Noodle Soup \$3.50
- Chicken Nuggets/Chicken Tenders \$5.00



SNACK

Snacks are Available for Purchase Daily at the Cost of \$1.00 - \$3.00

Please be sure to have funds on your child's account via MyKidsSpending.com

- Ice Cream, Cookies, Muffins, Goldfish, Sun Chips, Cheese Its, Pretzels, Yogurt, Jell-O & String Cheese

DRINK

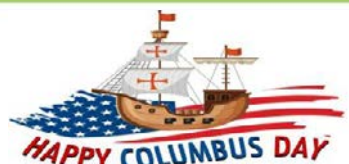
Drinks are Available for Purchase Daily at the Cost of \$1.00 - \$3.00

Please be sure to have funds on your child's account via MyKidsSpending.com

- Juice Box, Capri Sun, Snapple, Yoo-Hoo, Gatorade, Sunny Delight & Water

If Your Child Has a Food Allergy or You Have Feedback Please Contact BMancini@lessings.com



	TUESDAY, OCTOBER 1	WEDNESDAY, OCTOBER 2	THURSDAY, OCTOBER 3	FRIDAY, OCTOBER 4
	<p>Cheese Pizza</p> <p>Chicken Nuggets w/ French Fries</p> <p>Served with Watermelon & Broccoli</p>	<p>Hot Dogs w/ French Fries</p> <p>Penne Alfredo w/ Garlic Bread</p> <p>Served with Fresh Fruit & Mixed Veggies</p>	<p>Sloppy Joe w/ French Fries</p> <p>Penne Marinara w/ Garlic Bread</p> <p>Served with Fresh Fruit & Corn</p>	<p>Assorted Boneless Wings w/ French Fries</p> <p>Macaroni & Cheese w/ Garlic Bread</p> <p>Served with Fresh Fruit & String Beans</p>
MONDAY, OCTOBER 7	TUESDAY, OCTOBER 8	WEDNESDAY, OCTOBER 9	THURSDAY, OCTOBER 10	FRIDAY, OCTOBER 11
<p>Chicken Tenders w/ French Fries</p> <p>Penne in Pink Sauce w/ Garlic Bread</p> <p>Served with Fresh Fruit & Sweet Peas</p>	<p>Cheese Pizza</p> <p>Chicken Nuggets w/ French Fries</p> <p>Served with Watermelon & Broccoli</p>	<p>Assorted Snack Wraps w/ French Fries</p> <p>Egg Noodles with Butter w/ Garlic Bread</p> <p>Served with Fresh Fruit & Mixed Veggies</p>	<p>"DIY" Tacos (Beef OR Chicken) w/ White Rice</p> <p>Assorted Quesadillas w/ French Fries</p> <p>Served with Fresh Fruit & Corn</p>	<p>**NO LUNCH**</p> <p>**EARLY DISMISSAL**</p> <p>**NO LUNCH**</p> <p>**EARLY DISMISSAL**</p> <p>**NO LUNCH**</p>
MONDAY, OCTOBER 14	TUESDAY, OCTOBER 15	WEDNESDAY, OCTOBER 16	THURSDAY, OCTOBER 17	FRIDAY, OCTOBER 18
 <p>Cheese Pizza</p> <p>Assorted Boneless Wings w/ French Fries</p> <p>Served with Watermelon & Broccoli</p>	<p>Grilled Cheese (With OR Without Bacon) w/ French Fries</p> <p>"DIY" Pasta Bar w/ Garlic Bread</p> <p>Served with Fresh Fruit & Mixed Veggies</p>	<p>Chicken Cutlet w/ White Rice</p> <p>Chicken & Broccoli w/ Fried Rice</p> <p>Served with Fresh Fruit & Corn</p>	<p>Popcorn Chicken w/ Mashed Potatoes</p> <p>Penne with Broccoli w/ Garlic Bread</p> <p>Served with Fresh Fruit & String Beans</p>	
MONDAY, OCTOBER 21	TUESDAY, OCTOBER 22	WEDNESDAY, OCTOBER 23	THURSDAY, OCTOBER 24	FRIDAY, OCTOBER 25
<p>Assorted Boneless Wings w/ French Fries</p> <p>Baked Ziti w/ Garlic Bread</p> <p>Served with Fresh Fruit & Sweet Peas</p>	<p>Cheese Pizza</p> <p>Chicken Nuggets w/ French Fries</p> <p>Served with Watermelon & Broccoli</p>	<p>Chicken Parmigiana w/ French Fries</p> <p>Penne Marinara w/ Garlic Bread</p> <p>Served with Fresh Fruit & Mixed Veggies</p>	<p>Sweet & Sour Chicken w/ Fried Rice</p> <p>Penne in Alfredo w/ Garlic Bread</p> <p>Served with Fresh Fruit & Corn</p>	<p>**NO LUNCH**</p> <p>**NO LUNCH**</p> <p>**NO LUNCH**</p> <p>**NO LUNCH**</p>
MONDAY, OCTOBER 28	TUESDAY, OCTOBER 29	WEDNESDAY, OCTOBER 30	THURSDAY, OCTOBER 31	
<p>Cheeseburger Sliders w/ French Fries</p> <p>Macaroni & Cheese w/ Garlic Bread</p> <p>Served with Fresh Fruit & Sweet Peas</p>	<p>Cheese Pizza</p> <p>Chicken Nuggets w/ French Fries</p> <p>Served with Watermelon & Broccoli</p>	<p>Assorted Paninis w/ French Fries</p> <p>Penne in Pink Sauce w/ Garlic Bread</p> <p>Served with Fresh Fruit & Mixed Veggies</p>	<p>Chicken Tenders w/ French Fries</p> <p>Penne with Broccoli w/ Garlic Bread</p> <p>Served with Fresh Fruit & Corn</p>	

ALL MEALS ARE \$7.50 INCLUDING A FRUIT & VEGETABLE – DRINKS & SNACKS ARE AN ADDITIONAL CHARGE